In partnership with Parkinson's UK MS Society

Bespoke Assistive Beds

Giving independence to couples and individuals

Made to look at home, in your own home

Theraposture

YOUR INDEPENDENCE, OUR COMMITMENT

Contents

P2–3. Introduction

STYLES

Pages 4–5. Solid oak beds

Pages 6–7. Upholstered enclosures

FUNCTIONS

Pages 8–9. The Rotoflex turning bed

Pages 10–11. Choice of mechanisms

MATTRESSES AND ACCESSORIES

Pages 12. Mattress options

Pages 13. Accessories

HOW TO ORDER

Pages 14. How to buy a Theraposture bed

Pages 15. Badges to trust

Pages 16. About Theraposture

We are partners with the Disabled Living Foundation, a charity that provides information based services to disabled people

We are an established friend of the College of Occupational Therapists

We are a long standing member of the British Healthcare Trades Association and adhere to its Code of Practice which has been granted approval by the Chartered Trading Standards Institute

Theraposture is ISO 9001 certified which means we have robust management systems so every aspect of our operation is efficient

Every quality Theraposture bed is prepared in the UK

Theraposture

YOUR INDEPENDENCE, OUR COMMITMENT

Your independence has been our commitment **since 1981.**

In partnership with Parkinson's UK MS Society

Theraposture Ltd is a privately owned, family run business based in Westbury, Wiltshire. As the leading specialist in bespoke assistive furniture for over three decades, Theraposture provides a unique, niche service in providing electrically operated beds and chairs that are individually specified to client's personal needs and preferences. We pride ourselves on our caring and understanding approach that offers a real choice in function, size and aesthetic design.

Your independence is our commitment – this isn't just a phrase constructed to impress. We really do mean this and that's why we have become the first choice of Healthcare Professionals, charities and individuals who want to ensure that the assistive technology is in place to help, whilst also looking at home in your own home.

Theraposture want to work with you to find a lasting effective solution to overcome everyday issues that impact on independence. This is best achieved by arranging a free of charge home assessment with one of our Trusted Assessors (or you could come to our fully accessible Wiltshire factory if you prefer). This will allow us to understand the difficulties that you need to overcome and to be able to offer you a choice of solutions, and ultimately be able to recommend a suitable product.

By making a recommendation, we are personally taking full responsibility for what is made and our two week no quibble Suitability Guarantee will apply.

Choosing the perfect bespoke bed

As the market leader, Theraposture can provide the widest choice of high quality bespoke assistive beds in the UK today. One of our expert product specialists will help you in identifying which bed best suits your own situation and if it is to help with an existing, qualifying condition, it is VAT free.

"We were concerned that I would have to sleep separately from my husband because of my deteriorating condition, and we thought that a hospital type bed would look so out of place in our home. Thank goodness we found Theraposture Ltd and discovered that they made beds for couples allowing us to remain together. Their beds have all the benefits of a hospital bed but they look just right in our home – we are delighted with our purchase. It has helped us keep things how we want."

Sarah Collins – Wiltshire. (See Sarah's case study on our website).

Solid Oak Beds

Handcrafted in beautiful solid oak, these stylish beds bear no resemblance to a hospital type bed in looks, but can have all of the assistive function that you need in helping to maintain independence at home.

A double combination oak bed with separable halves for easier access

Bed shown – Natural Lacquered Slatted Oak with High Foot End

Double Combination Beds

Continue to share a bed with your partner whilst allowing independent function on either side for individual comfort and needs.

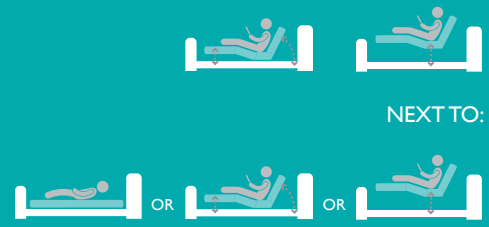
Your bed is specified to your exact requirements meaning that you can have any combination of functions and sizes together in a bed that looks like part of your home (see page 10 for function and size options).

Why not choose a beautiful solid oak bed enclosure to surround the metal mechanism that powers a Theraposture bed? There is a choice of wood finishes and colours:

- Natural Oiled
- Natural Lacquered
- Lime
- Smoke
- Olive
- Milan
- Painted Tulip Wood Option

Also you can choose between a slatted or panelled bed surround with high or low foot ends.

We also provide an extensive range of matching solid oak bedroom furniture such as bedside cabinets, chests of drawers and wardrobes. For examples from this impressive collection, see page 13.



Bed above – Natural Oiled
Panelled Oak with High Foot End

Oak Beds for individuals

Theraposture's stylish solid oak beds look at home in your home.

They also help overcome everyday difficulties through their functionality and provide you with the opportunity to remain independent in your own home without the sacrifice of intrusive adaptation.

Beds for individuals can be any size and can have any function to help with everyday positioning and transfer difficulties. (See page 10 for function and size options).

Painted finishes also available on Tulip Wood

Finishes

1. Natural Oiled
2. Natural Lacquered
3. Lime
4. Smoke
5. Olive
6. Milan

Bed shown – Olive Slatted Oak
with High Foot End

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Bed shown – Double Combination finished in a Belgian Damask one piece enclosure and matching buttoned headboard

The Theraposture latching device provides an easy way to split the two bed halves and then re-secure. The use of castors can provide access for a hoist if needed.

4-wheel Central Locking is also available.

The upholstered range of adjustable beds from Theraposture are built using the same high quality metal mechanisms as we use in the solid oak range – the only difference is the way the beds look.

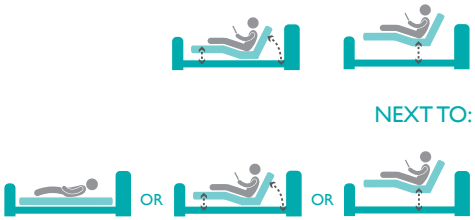
For those who prefer to have a fabric divan style surround to their bed, there is a choice of:

- Belgian Damask
- Faux leather
- Ultra leather
- Waterproof Panvelle
- Or any other fabric that you like

Separable Halves

With an upholstered surround it is possible to have two individual matching enclosures that latch together. This allows for separation of the two sides to gain access to both sides of either half. For situations where carers are involved, this is a great help in reducing the risk of back injury. One or both beds will have locking castors allowing easy separation.

If you require your bed to be separable, your double headboard will have to be mounted on the wall.



Combination Beds

Continue to share a bed with your partner and enjoy independent function on either side of the bed for individual comfort and needs. Your bed is specified to your exact requirement meaning that you can have any combination of functions or sizes together in a bed that looks like part of your home (see page 10 for function and size options).

Upholstered Enclosures

Modelled on a domestic appearance in a fabric and style of your choice.

Single Beds

Theraposture's stylish range of single and double upholstered beds are designed to look like divan beds found typically in a domestic situation.

They also help overcome everyday difficulties through their functionality and provide you with the opportunity to remain independent in your own home without the sacrifice of intrusive adaptation.

Beds for individuals can be any size and can have any function to help with everyday positioning and transfer difficulties. (See page 10 for function and size options).

Who said that a single bed has to be 3' (90cm) wide? Your upholstered Theraposture bed can be any size that you choose up to 5' (152cm) wide.

Bed shown – 4'6" Theramatic finished in a Panvelle Chocolate one piece enclosure and matching headboard

Bed below – single Rotoflex in an upholstered surround

Bed above – single Rotoflex in an oak surround

The Rotoflex bed from Theraposture is a unique solution to an everyday problem – getting legs into and out of bed. This is achieved by a rotational action that will sequentially transfer you from a sitting to a sleeping position with the touch of just one button. In many cases, the Rotoflex truly delivers independence as it is a real alternative to hoisting and carer assistance. In this situation the bed can pay for itself many times over as the cost of care in your home or in a residential home is so high.

The Rotoflex can be made to rotate to either side of the bed to ensure that it is compatible with your room situation. In addition to the unique rotation, the Rotoflex also has a profiling and variable height function with the latter helping to achieve a standing transfer if needed.

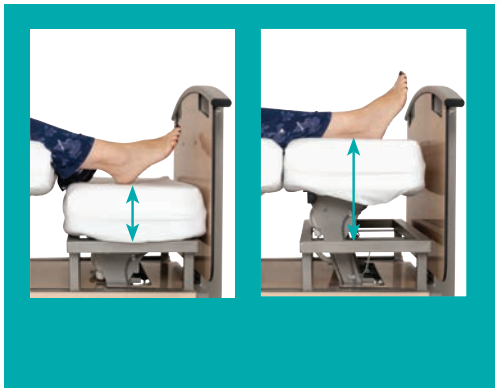
One of our qualified product advisors will guide you through a product demonstration during which you can actually try the Rotoflex bed and therefore be sure that it will meet all of your needs and expectations.

The Rotoflex® turning bed system

A proven solution to independently getting into and out of bed. Rotoflex beds are available for one person or for a couple to share, finished in either solid oak or upholstered enclosures.

The Rotoflex bed is widely used by those with progressive neurological conditions such as MS and Parkinson's

The Rotoflex is the only rotational bed with optional rising heel support (patented)



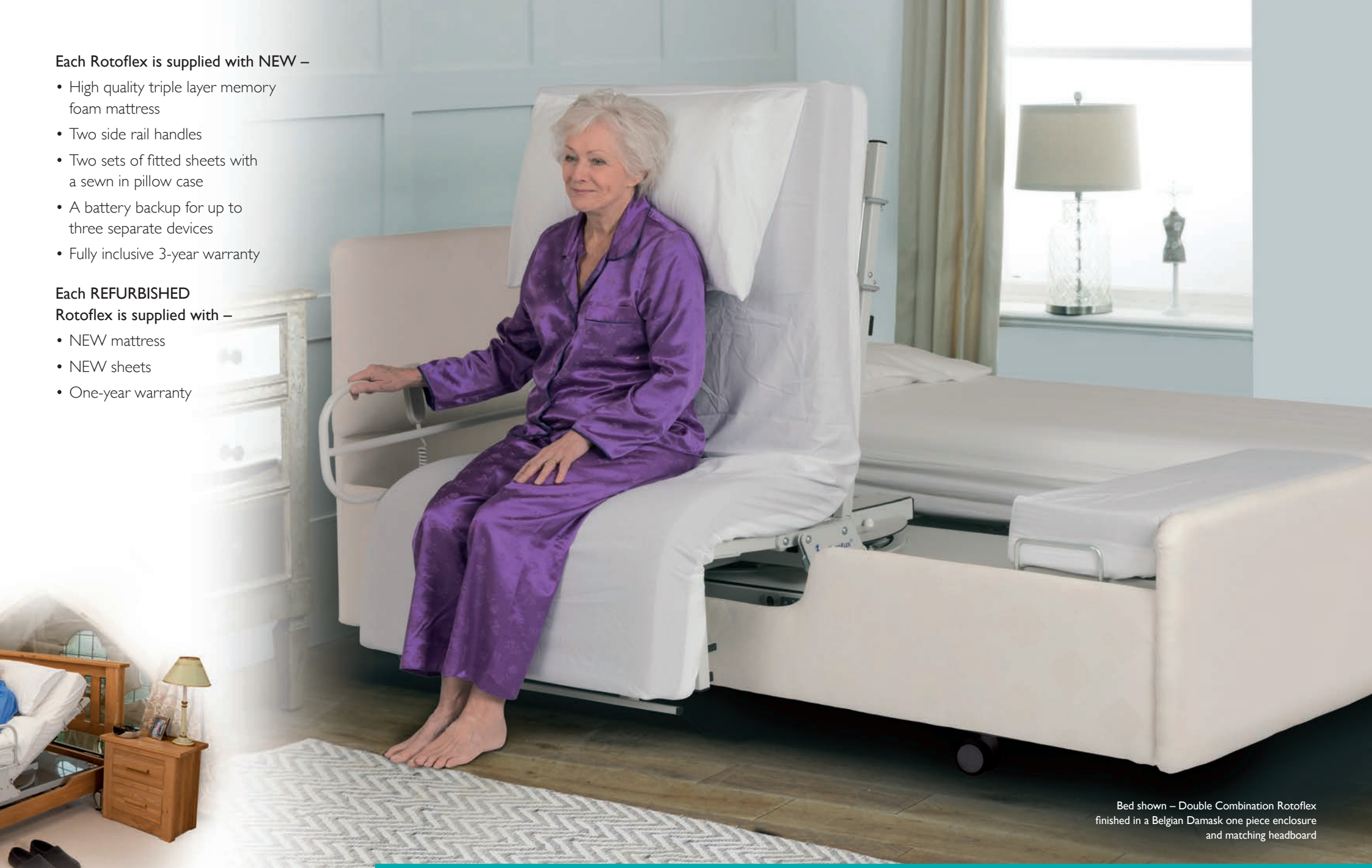
® Rotoflex by Physionova.

Each Rotoflex is supplied with NEW –

- High quality triple layer memory foam mattress
- Two side rail handles
- Two sets of fitted sheets with a sewn in pillow case
- A battery backup for up to three separate devices
- Fully inclusive 3-year warranty

Each REFURBISHED Rotoflex is supplied with –

- NEW mattress
- NEW sheets
- One-year warranty



Bed shown – Double Combination Rotoflex finished in a Belgian Damask one piece enclosure and matching headboard

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Theraposture mechanism options

Quality steel mechanisms – the considered choice!

In a bespoke bed from Theraposture, you have the choice of action or combination of actions in your bed. Your choice will depend on your own situation and can be individually specified to ensure that you get exactly the assistance that you require. Also the needs of anyone helping you in bed should be remembered as back care injuries are commonplace with carers, nurses, partners and other family members. The variable height function can help to reduce this risk of injury by lifting the occupant to a safe working height.* It can also help you to stand up by raising the bed when sitting with your feet on the floor.

Our Product Advisors can help you to understand the benefits of each type of action to enable you to make an informed choice.

Our mechanisms are made using solid steel and are weight bearing. These are more robust than alternative wooden alternatives and are better suited to a variety of applications, especially in beds shared by a couple. The motors used are the best you can buy and can be specified to accommodate users weighing up to 55 stones (350kg).

Theramatic profiling only

The profiling only action will allow you to independently raise and lower both the back rest and the leg section by simply pushing a button on the hand controller. This mechanism is often the choice of partners in a double combination bed as it allows both individuals to sit up independently together. The metal construction makes this mechanism more durable for long term use and the only choice if grab handles or side rails are needed.

Theramatic variable height and profiling

In addition to the profiling only mechanism the variable height function is of significant benefit to less able people in a number of ways. If a carer or family member assists a person in bed, the variable height function will smoothly and safely raise the occupant to a safe working height, thereby reducing the risk of a back care injury. Additionally, this function will help a person to achieve a standing transfer by vertically raising them to standing from sitting in a controlled and safe movement.

The advantages of Theraposture free standing metal mechanisms are:

- **They are much, much stronger than wooden alternatives**
- They have no down position weight limitations as the metal mechanism is touching the floor and the user and mattress are lying directly on the metal mechanism. Alternative beds that may look the same will not be. They will have a shelf inside the upholstered base that supports the mechanism and the mattress and the user. This shelf is attached to the upholstered base and therefore the upholstered base is the structure. For lighter clients, this isn't always a concern. However, if you and your partner wish to be close at night, the weight of two persons should be considered
- Grab handles can be bolted into position (metal to metal)
- Cot sides can be bolted to the mechanism retrospectively (metal to metal)
- The entry height of the mechanism (down position) can be adjusted – very important if the mattress changes to a thicker or thinner version. You would be able to set both sides (top of mattress) to the same height regardless of mattress thickness
- Hoist access is easily achieved
- Leg Lifters can be BOLTED to the bed

* Meeting BSEN 60601-2-52 which requires a minimum of 80cm from the floor to the top of the platform WITHOUT mattress.

Quality, ergonomic and simple-to-use controllers are standard with all Theraposture beds.

They encompass clear icons and large buttons for controlled, quiet and precise movement.

Rotoflex turning system

In addition to the variable height and profiling action, the remarkable Rotoflex turning system is a solution to an everyday problem – getting legs into and out of bed.

This is achieved by a rotational action that will sequentially transfer you from a sitting to a sleeping position with the touch of just one button. In many cases, the Rotoflex truly delivers independence as it is a real alternative to hoisting and carer assistance*. In this situation the bed can pay for itself many times over as the cost of care in your home or in a residential home is so high.

The Rotoflex can be made to rotate to either side of the bed to ensure that it is compatible with your room situation.

* Based on typical County Council care costs, the Rotoflex can save up to £27,000 per year

FEATURE	METAL MECHANISMS	Flat Divan, no function	Theramatic, Profiling only	Theramatic, Variable height and profiling	KR9, Variable height, profiling and Anti/trendelenberg	Rotoflex, Rotation, variable height and profiling
Electronic profiling		✓	✓	✓	✓
Electronic variable height			✓	✓	✓
Anti-tredelenburg				✓	
Trendelenburg				✓	
Electronic rotation					✓
2'6" wide	✓	✓	✓	✓	
3" wide	✓	✓	✓	✓	✓
3'6" wide	✓	✓	✓	✓	✓
4' wide	✓	✓	✓	✓	✓
4'6" wide	✓	✓	✓	✓	
5' wide	✓	✓	✓		
Available in a double combination	✓	✓	✓	✓	✓
Available as a single	✓	✓	✓	✓	✓
Compatible with grab handles		✓	✓	✓	✓
Compatible with cot sides		✓	✓	✓	
Suitable for castors	✓	✓	✓	✓	✓
Suitable for static feet	✓	✓	✓	✓	✓
Standard length 6'6"	✓	✓	✓	✓	✓
Shorter length available	✓	✓	✓	✓	✓
Longer length available	✓	✓	✓	✓	✓

The Rotoflex is the only rotational bed with optional rising heel support (patented)

For Trendelenburg and Anti-trendelenburg tilt, we have a KR9 mechanism option. For Theramatic beds only

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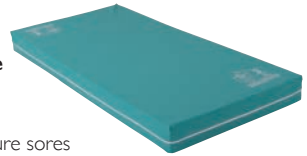
Theraposture mattress options

Theraposture offer a choice of either high quality domestic or healthcare mattresses to cater for each individual's requirements. Personalised comfort is vital for good health, therefore we endeavour to allow people to try different mattresses during any home visit or assessment. If a bed is supplied and the mattress doesn't suit you within seven days following the delivery, we will exchange it for a different mattress to an equivalent value.

FEATURE	Luxury Pocket Sprung	Luxury pocket sprung plus	Theracare Ortho	W14	W17	W24	Galaxy 2000 air mattress	T Zone 8" dynamic air mattress	Rotoflex memory foam	Rotoflex RoHo and Air mattress
Pressure relieving				✓	✓	✓	✓	✓	✓	✓
Domestic	✓	✓	✓							
Available in 2'6"	✓	✓	✓	✓	✓	✓				
Available in 3'	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Available in 3'6"	✓	✓		✓	✓	✓	✓		✓	✓
Available in 4'	✓	✓	✓	✓	✓	✓	✓		✓	✓
Available in 4'6"	✓	✓	✓	✓	✓	✓	✓			
Available in 5'	✓	✓	✓		✓	✓				
Max. user weight	30st	30st	30st	25st	30st	30st	45st	40st	20st	20st
Max. pressure rating				low	med	high	very high	very high	med	very high
Hardness	med	med	hard	med	med	med	med	med	soft	med
Mattress thickness	8.25"	8.25"	7.0"	6.0"	6.0"	6.0"	8.0"	8.0"	5.0"	5.0"
Std. 6'6" length	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Shorter option	✓	✓	✓	✓	✓	✓	✓		✓	✓
Longer option	✓	✓	✓	✓	✓	✓	✓		✓	✓
Waterproof covers				✓	✓	✓	✓	✓	✓	✓
Welded seams				✓	✓	✓	✓	✓	✓	✓

Examples from the vast Theraposture range

Luxury Pocket Sprung Plus
Orthopaedic, supportive and firm



W14, Hi-viscose memory foam
For a low risk of developing pressure sores

W24, Hi-viscose memory foam
For a high risk of developing pressure sores

Galaxy 2000
For a high risk of developing pressure sores

The importance of an appropriate mattress

Pressures sore prevention and management

Theraposture provides a complete range of mattresses that reduce the risk of developing pressures sores or managing existing ulcers.

There are four grades of pressure sore or ulcer which vary in severity and are caused when skin has been subjected to sustained pressure. This occurs if individuals remain in a static position for extended periods resulting in restricted circulation at specific pressure points. As the skin is starved of oxygen and nutrients it begins to break down and can lead to tissue degradation.

Once a pressure ulcer has formed, it is susceptible to bacteria and can result in the formation of deep open wounds, pain and illness.

To ensure the right pressure-relieving mattress is provided, a Theraposture Trusted Assessor will review your individual needs before recommending the appropriate solution. This personalised approach is essential and will reduce your risk of developing sores when living with restricted mobility.

There is a vast range of options ranging from orthopaedic mattresses, memory and reflex foam through to specialist dynamic surfaces such as the Galaxy 2000 for ultimate pressure management.

Healthy musculoskeletal positioning

Achieving correct body alignment when lying on a mattress is essential. This means all parts of your body are positioned naturally without excessive pressure on specific areas such as your neck, shoulders, back or hips. With appropriate postural support you can achieve greater comfort and avoid potential health problems such as curvature of the spine.

The Theraposture mattress range includes soft, medium and firm designs that can be specified to suit users of varying behaviour, build, weight and shape. Again, personalised assessment is required here to ensure the suggested solution promotes a healthy sleeping position based on individual needs. By specifying a generously sized sleeping surface users have the ability to stretch out and relax muscles and joints.

Sleep equals achieving more

Quality sleep is critical for staying active and better well-being. Without the ability to sleep for extended periods the sensation of rejuvenation is lost and a feeling of continual fatigue prevails. A lack of sleep can lead to mental and physical health problems which will impact on every aspect of your life. A quality mattress from Theraposture will help you sleep better so you can achieve more during the day.

Theraposture accessories

Designed to personalise your bed and further assist with overcoming everyday issues. If you don't see what you need on this page, please ask us to help – as manufacturers, we have great scope to ensure that your bed is perfect for you by designing and making personal accessories and adaptations.

Latching device

Double combination beds can sometimes present a challenge for carers if they need to help someone from both sides of their bed. The latching device, used in conjunction with separable halves and locking castors, can hold the two enclosures together when needed and allows easy separation to ensure that access to both sides of either half can be achieved. There is a choice of either a brass or nickel finish.

Cot sides

In some situations, people are at risk of falling from their bed either at night or when their bed is raised when someone is caring for them. Cot sides can help reduce this risk significantly. They can be raised when needed and when not, they can be left in the down position so that they don't interfere with transfers. Padded fabric covers can be supplied to soften the visual impact if required. It is possible to have cot sides on all bespoke Theraposture beds with the exception of the Rotoflex.

Multi-positional grab handle

As its name suggests, the multi-positional grab handle has been designed to be flexible with changing needs and varying abilities. The actual handle can be repositioned along the entire length of the head section of your bed, ensuring that it remains in the best place for you. It can also be removed altogether as and when required. These grab handles are made from solid steel. They can only be used with metal mechanism beds and there are two standard sizes:

- **Small** – 230mm high (above platform)
- **Large** – 305mm high (above platform)

Bespoke options are available.

Castor/feet options

Castors are available in three different sizes. They each have individual brakes and can in most cases be added retrospectively if needed. The addition of castors will allow you to easily move your Theraposture bed. Alternatively, your bed can be supplied with adjustable feet.

Central locking option for castors

Complementary oak furniture

We also provide an extensive range of matching solid oak bedroom furniture such as bedside cabinets, chest of drawers and wardrobes. This brochure only contains a few examples from the collection, for details on the complete range please contact Theraposture.

Safety Back-up System

A stand-alone Battery Back-up System will allow you to continue to use your bed in a power cut. Up to three separate items can be plugged into this device and all will work if the mains electricity supply is interrupted. The battery backup also has surge protection.

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Helping you to own the perfect Theraposture bed

1. Having a choice

Within our brochure you will hopefully see a clear message repeated over and over again. With Theraposture you have real choices of function, size and style to ensure that you get exactly what you need and want.

Before a comprehensive and free home assessment by one of Theraposture's DLF (Disabled Living Foundation) and BHTA (British Health Trades Association) approved Trusted Assessors (all of our staff have also been cleared through the enhanced DBS check), you can have a detailed initial conversation with a dedicated product expert to fully understand how we may be able to help you.

2. Free home assessment

During a visit to your home, one of our qualified assessors will have the opportunity to fully understand your requirement. This is a vital part of the process in supplying you with exactly what you want and need both now and in the future. Equally, it's our way of taking the responsibility for what is made away from you. We are there to advise and recommend to you a suitable product that practically helps to overcome everyday mobility difficulties so that your independence can continue – by having the opportunity to do this with you, we stand by our recommendations and if we get it wrong it's our problem, not yours!

This whole assessment process is clinically driven as far as the function of your bed is concerned but it is also personally driven by you regarding the way the bed looks. The process is free of charge and there is absolutely no obligation to buy.

3. Product recommendation

As a direct result of the free home assessment, Theraposture will be able to provide you with a detailed written quotation for your new bed. This quotation is unique to your own specific requirement; it is broken down into individual product components and will have a unique quotation reference. The quotation will show the cost of your new bed and the details of the deposit required to place your order.

Once we have received your deposit payment (meeting the requirements of the BHTA approved Trading Standards Code of Practice) we will then start the process of making your bed, keeping you informed of the progress as we go. Your bed will be fully tested and will leave the factory with a fully inclusive warranty.

4. Installation, warranty and aftercare

Having made a mutually convenient delivery appointment, your bed will be installed by our own delivery team, which in many cases, includes the engineers and craftsmen that actually made your bed.

These highly experienced members of staff will ensure that the product is installed with great care so that both the product and your home are treated with respect. They will then take as much time as is needed to ensure that you and any other relevant people are fully briefed in the safe use of your new bed so that you get the maximum benefit from it for years to come.

All Theraposture beds come with a fully inclusive three year warranty which can be extended. Annual service packages are available on request.

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Badges to trust

Theraposture has a leading reputation in the assistive furniture sector and has achieved an impressive range of accreditations. These accolades reflect the ethical and caring approach that Theraposture consistently delivers time and again.

Theraposture are active long standing members of the British Health Trades Association (BHTA) and as such comply with its Trading Standards approved Code of Practice. This code exists to ensure that the customer is always protected and that only decent reputable companies can comply and have to work in an ethical, professional and honest way.

Theraposture are Trusted Partners of the Disabled Living Foundation (DLF). This is an information based charity that provides accurate and impartial advice to less able people and therapists working with them. Theraposture support this organisation and has been involved in the development of their award winning Living Made Easy website. Part of their website provides product information and offers choice to the consumer.

Theraposture are friends of the College of Occupational Therapists. We have achieved a gold standing with this professional organisation demonstrating our commitment to working with the College and all its members to ensure that Occupational Therapy is included in everything we do. We believe that we are the first choice of Occupational Therapists for bespoke beds because of our willingness to assess clients needs, demonstrate equipment and ensure positive outcomes.

Theraposture have achieved ISO 9001 accreditation which demonstrates an effective quality manufacturing and management system is in place. This is a measure of our organisation and how we achieve consistency and good practice at all times.

All Theraposture staff have been cleared by the enhanced DBS check. This ensures that every Theraposture representative that you come into contact with is safe, responsible and trustworthy.

In partnership with Parkinson's UK MS Society

Theraposture is a caring and ethical family company incorporated in 1981 with an outstanding reputation within the healthcare industry. Well-respected and regarded as a leading expert in its field, Theraposture is a highly pro-active member of the British Healthcare Trades Association (BHTA) and fully complies with its Trading Standards approved Code of Practice. Regularly recommended by professionals who include Occupational Therapists, GP's, Nurses, Case Managers and Manual handling advisors, Theraposture is seen as the first choice for reliable, quality assistive furniture that delivers a remarkable improvement to the lives of so many less able individuals.

Theraposture takes its corporate social responsibilities seriously and is key sponsor of the Disabled Living Foundation charity (DLF) and has also been accredited as a friend of the College of Occupational Therapists.

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